

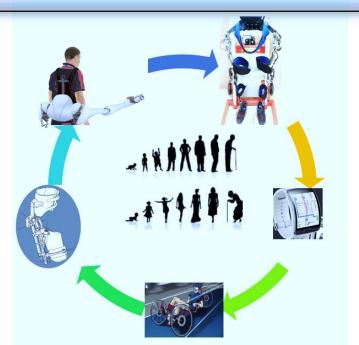
CT CPNL

Friday, June 03, 2022

An assistive MPC-Based Framework for a Robotic Knee Rehabilitation Exoskeleton

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My research activities in Robot Control





J

- Some basic definitions & Main applications
- A brief historical overview & Some examples of today
- **Experimental setup:** EICOSI Orthosis (@LISSI UPEC)
- Proposed control solutions (L1 adaptive , MPC)
- Real-time experimental results





Definitions

Brief history

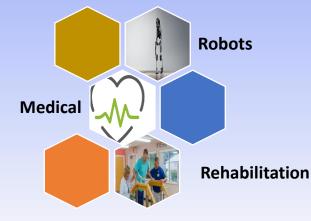
Prototypes

Controllers

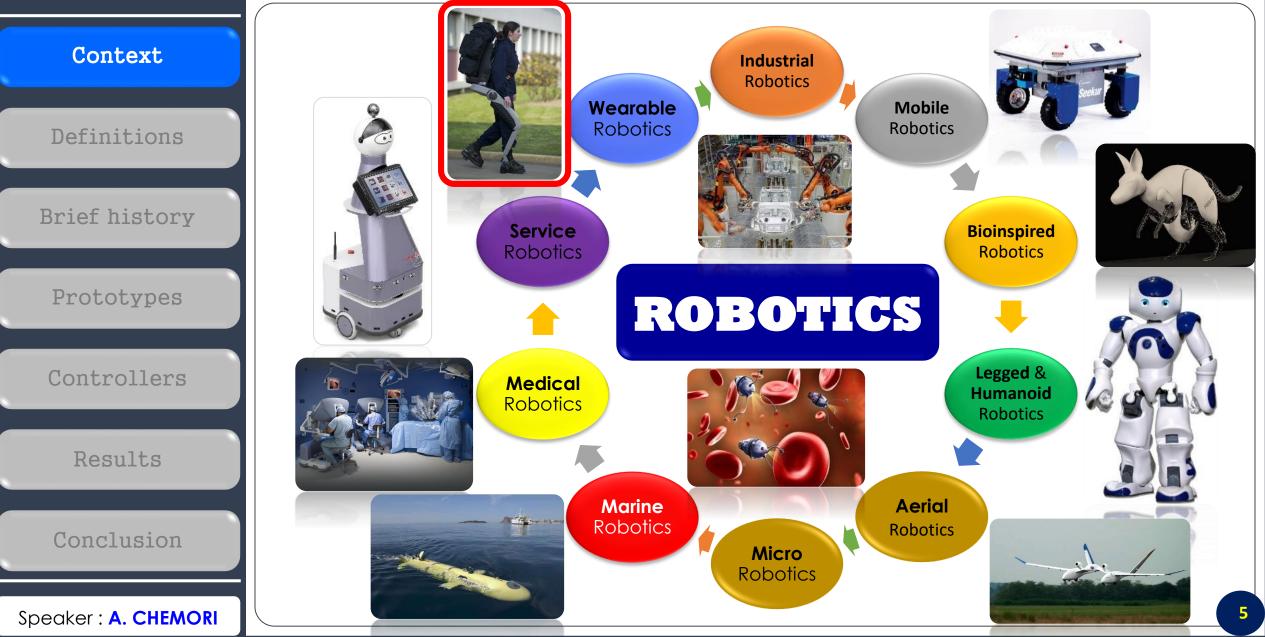
Results

Conclusion

Speaker : A. CHEMORI









Context Definitions Brief history Prototypes Controllers Results Conclusion





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How we can help them ?



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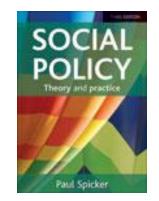
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World Population Ageing

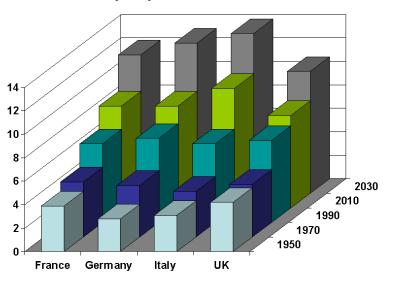


[report]

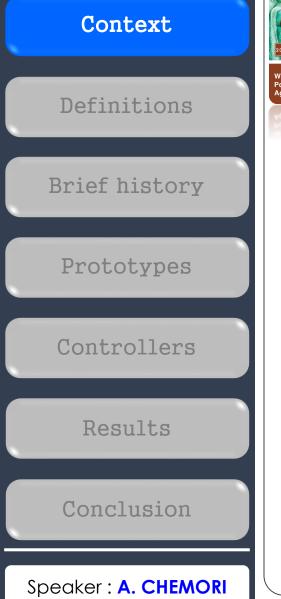


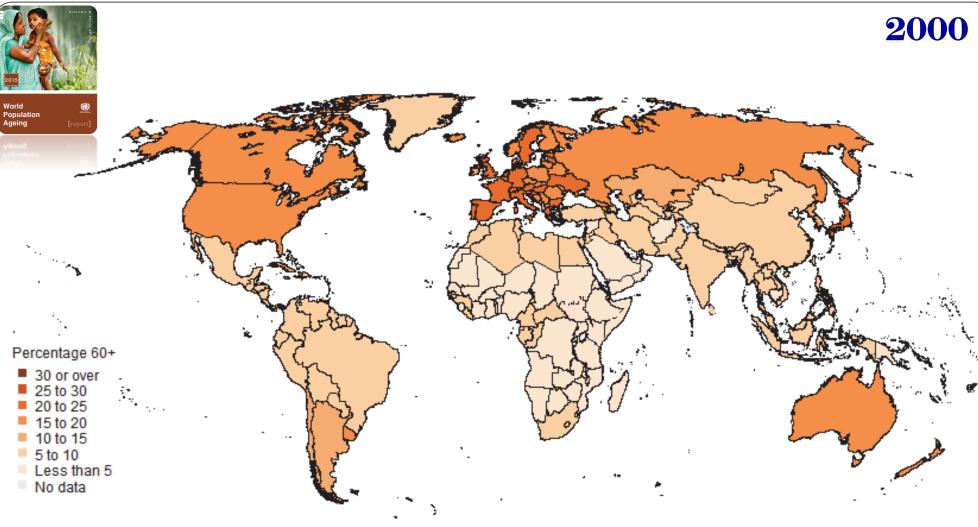
By Paul Spicker

% of population over 65



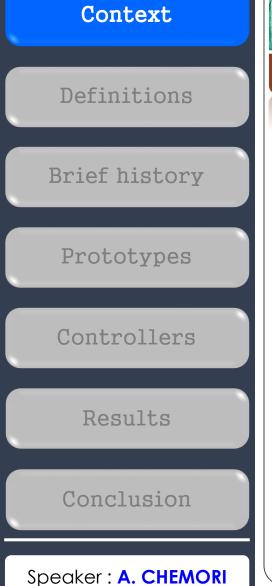


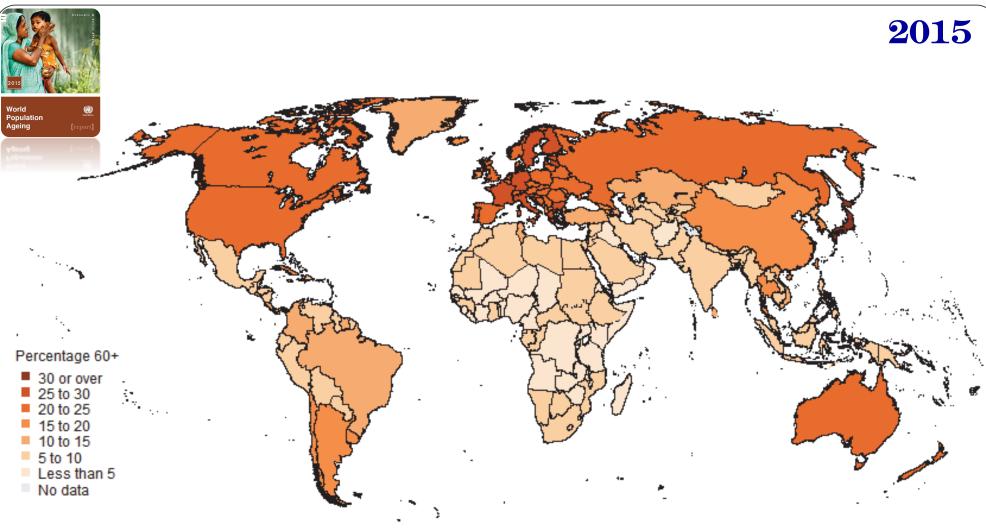




Data source: United Nations (2015). World Population Prospects: The 2015 Revision







Data source: United Nations (2015). World Population Prospects: The 2015 Revision





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Some basic definitions



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What is an exoskeleton ?

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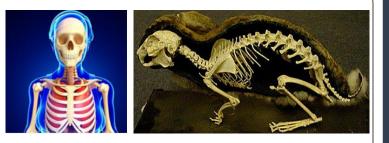
Controllers

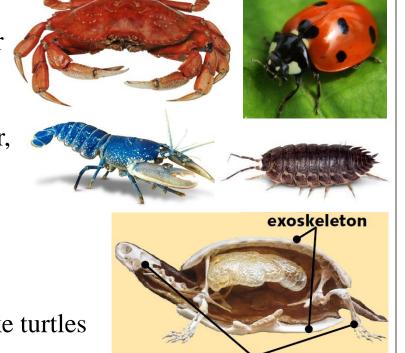
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- Animals and humans have **skeletons**
- To **protect** and support **inner working** of their bodies
- Muscles are attached to skeletons so be able to move
- ✓ Skeletons **inside** bodies are called **endoskeletons**
 - Some animals have skeletons on the **outside** of their bodies, they are called **exoskeletons**
- \checkmark Animals with exoskeletons live on land and in water,
- ✓ Include : Crustaceans and insects
- ✓ Like : **Spiders**, **shrimps**, **crabs**, etc
- ✓ Other animals have both **endo** and **exoskeletons** like turtles





endoskeleton



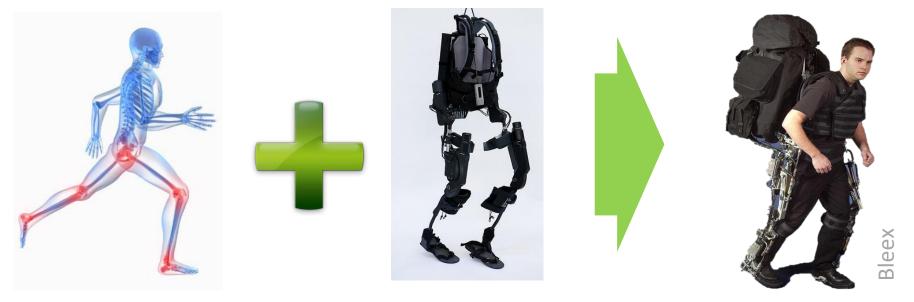
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What is an exoskeleton ?

- ✓ It is a **mechanical frame** designed to be **worn by a human** being
- Designed around the function and shape of the human body



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- ✓ It moves with the wearer, adding strength and durability
- Additional strength/protection/support, benefit people in dangerous/tiring jobs or mobility issues
 - Developped initially for military applications



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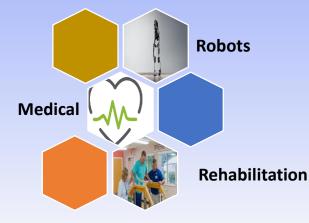
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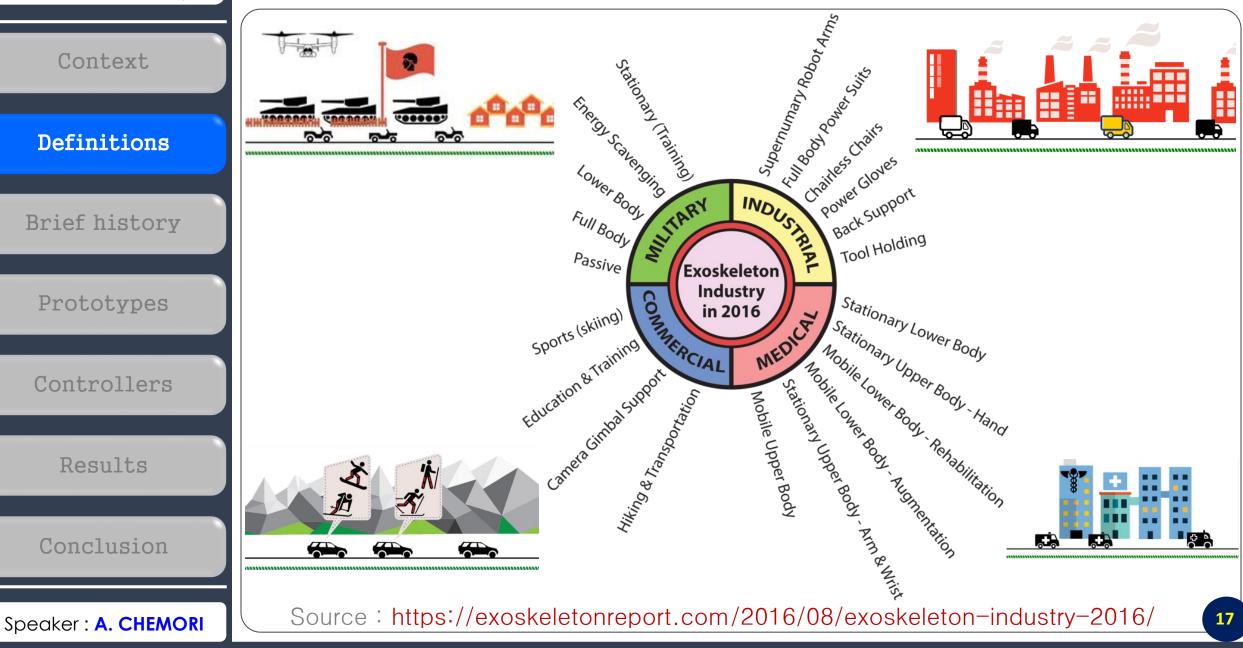
Main Applications



<mark>16</mark>



Where exoskeletons are used ?





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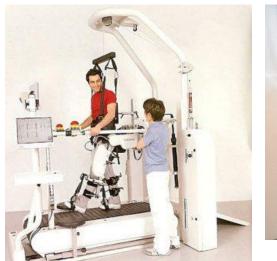
Results

Where exoskeletons are used?

Medical applications : Assistive devices in physical therapy (rehabilitation), amplify muscles' strenght, restore locomotion to paralyzed persons, stroke, spinal cord injury, etc.









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Conclusion



Where exoskeletons are used?

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Consumer/Civilian applications : Assist humans in daily life tasks and also eldery persons (balance, carry loads, site to stand, etc)



HAL Exoskeleton



Ekso Bionics Exoskeleton



PANASONIC Exoskeleton



Where exoskeletons are used ?

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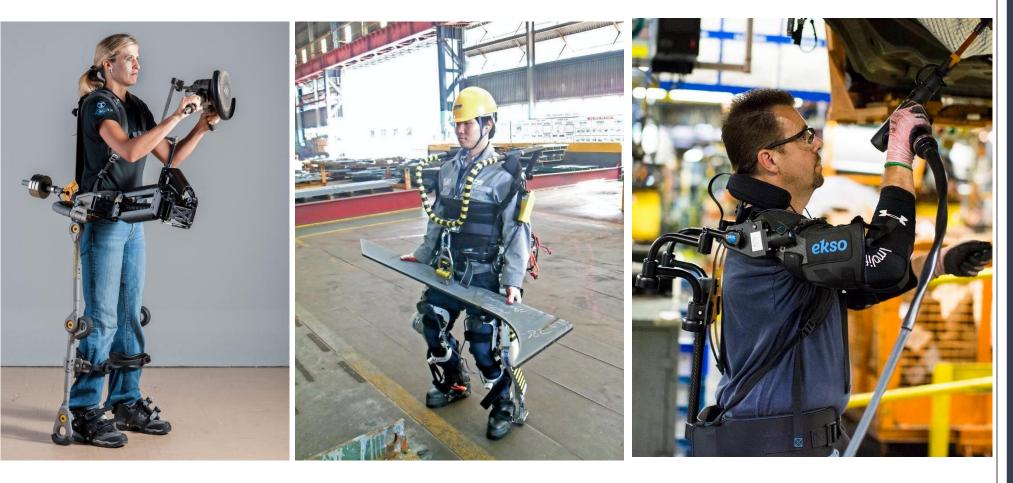
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Work/Industry applications : To ease physical exertion in industry (force multiplier, Distributes weight to reduce user strain, reduce fatigue, etc)



FORTIS Exoskeleton

DAEWOO Exoskeleton

FORD Exoskeleton



Where exoskeletons are used?

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Military applications : To enhance soliders' ability, protect soliders, amplify strengh, increase endurance, improve effeciency, etc







XOS 2, SARCOS/RAYTHEON

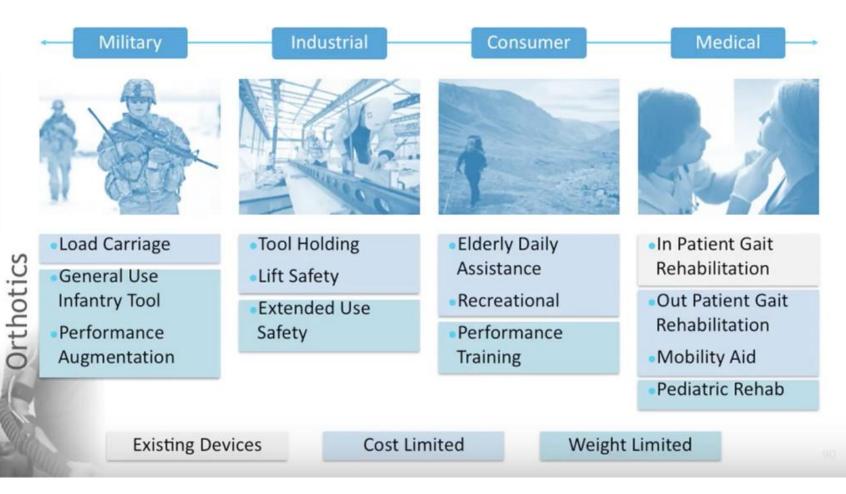


Where exoskeletons are used ?

Addressable Markets

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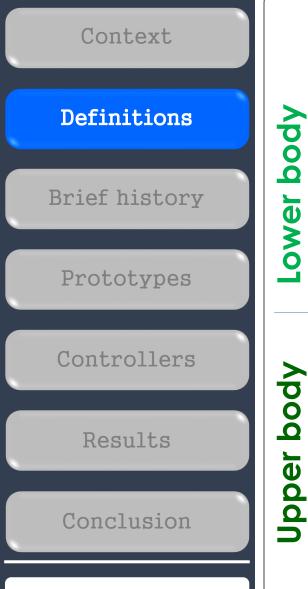
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Source : https://exoskeletonreport.com/2016/08/exoskeleton-industry-2016/



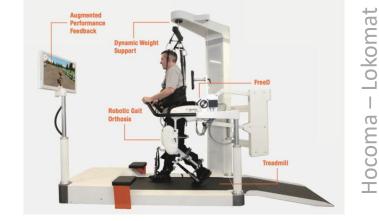
Exoskeletons classification



Stationary vs mobile / Lower body vs upper body

Mobile

Stationary



nMotion Arm, Bionik Lab

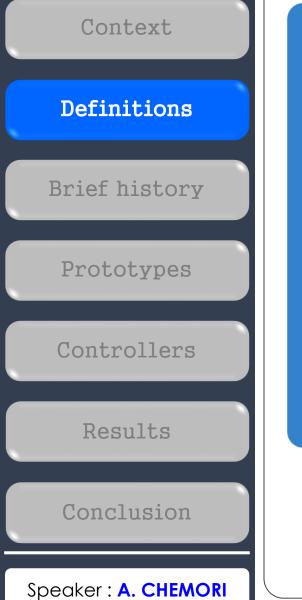


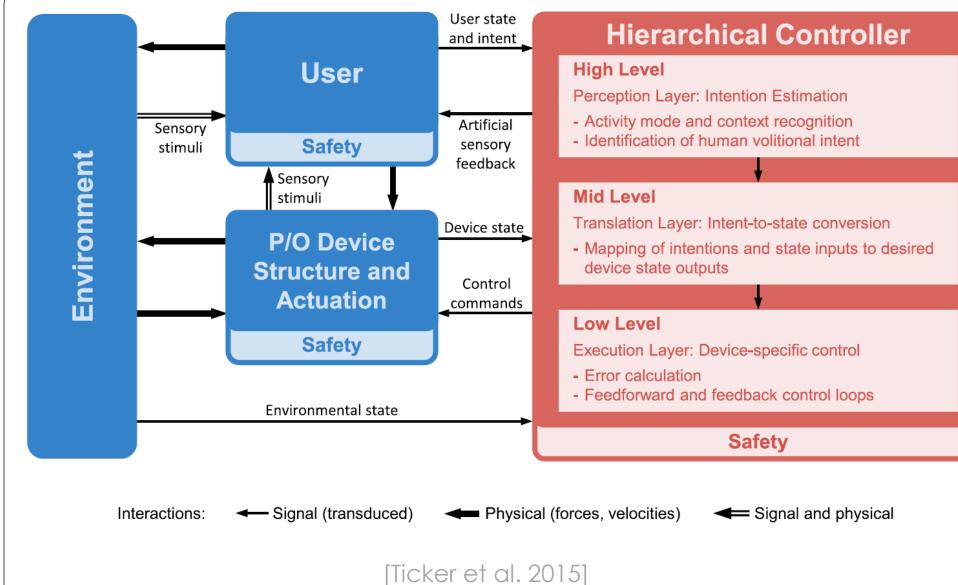


Gogoa

HANK by

Control framework







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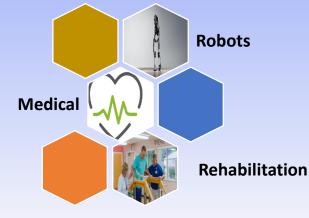
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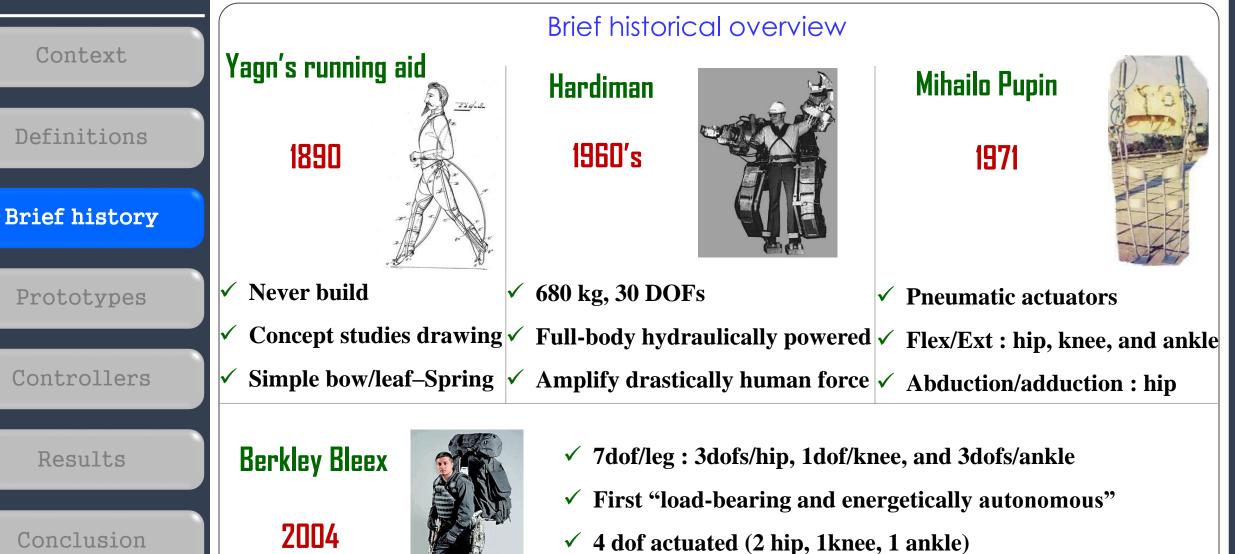
A brief historical overview



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A brief historical overview



✓ Linear hydraulic actuators



A brief historical overview

✓ 25x strength amplification, Still tethered

✓ weighs 68 kg and allows lifting 90 kg

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Sarcos XOS suit

2006



Rewalk

2011

✓ For disabled people



- ✓ Light wearable brace support suit
- ✓ DC motors at the joints, rechargeable batteries
- ✓ Physiological and psychological benefits



- Designed to support and expand the physical capabilities of its users
- ✓ For people with physical disabilities

Brief historical overview

- ✓ Allow carrying loads
- ✓ Weight only 10 Kg

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Some examples of exoskeletons





10 examples of exoskeletons

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http://exoskeletonreport.com/2015/04/12-commercial-exoskeletons-in-2015/



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ReWalk



Indego



ekso BIONICS







Ekso





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HAL







Hercule



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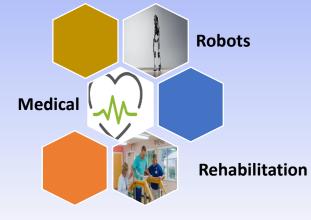






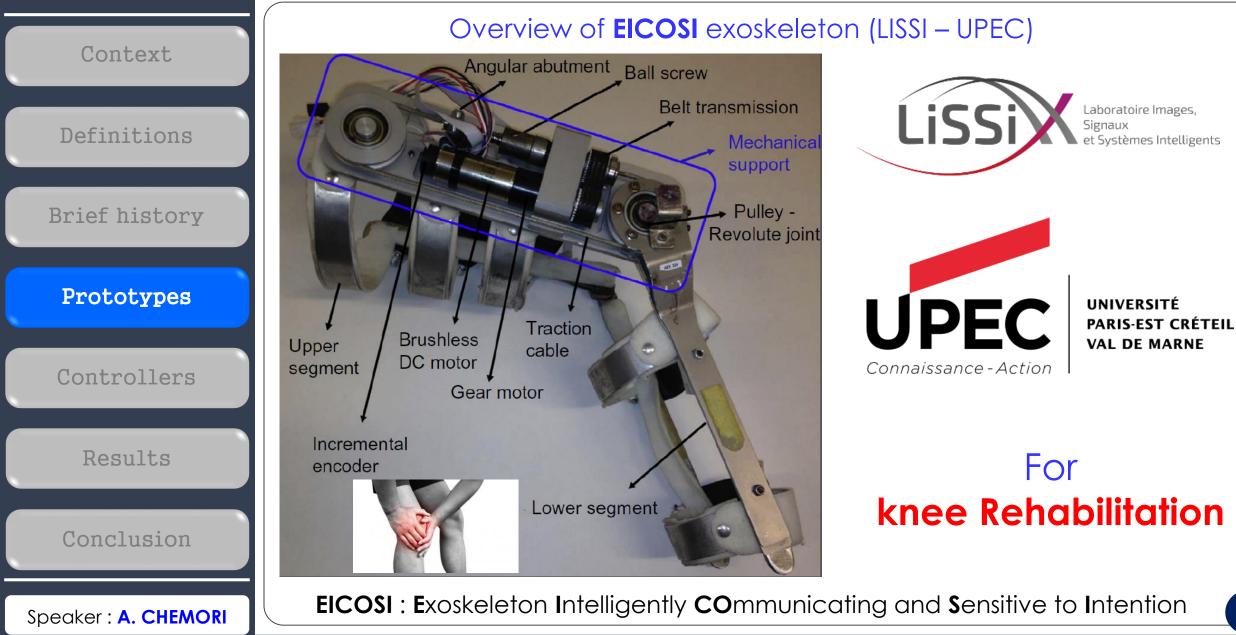
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Our experimental setups





Experimental setups





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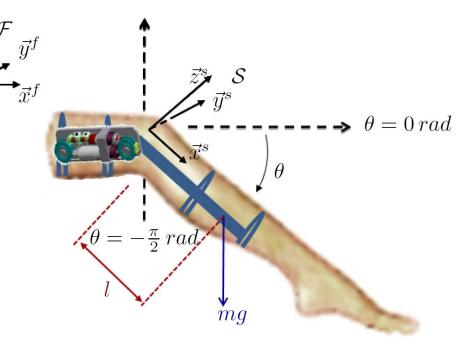
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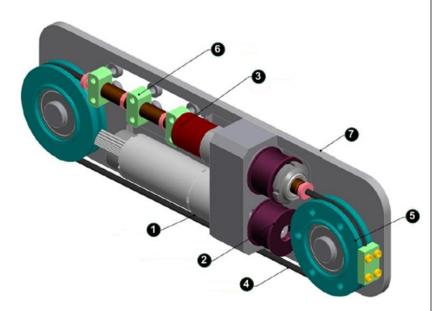
Experimental setups

Modelling & actuation of **EICOSI** exoskeleton

Its kinematics with human leg



Its actuation system



Its dynamic model

 $J\ddot{\theta} = -T_g\cos(\theta) - A\operatorname{sign}(\dot{\theta}) - B\dot{\theta} + u + T_h$

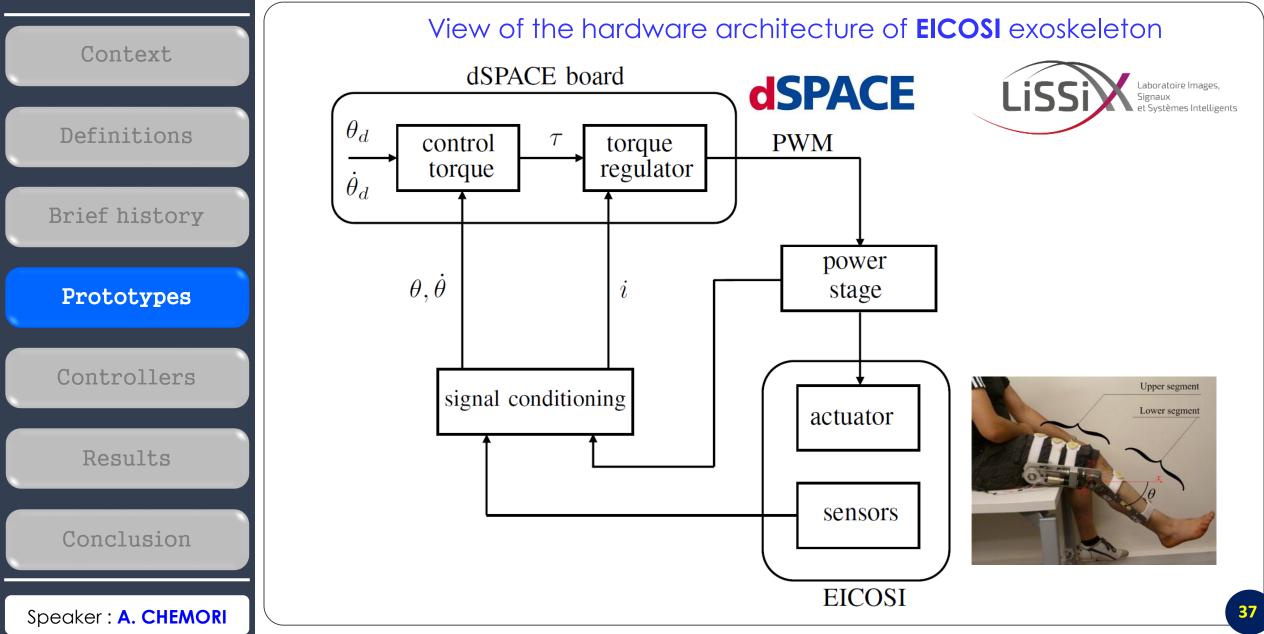
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Experimental setups





Experimental setups

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(a)



(c)



(b)

(d)

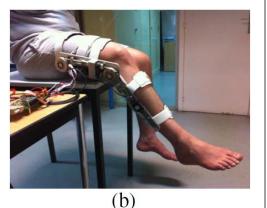
Site to stand task



aboratoire Images, Signaux et Systèmes Intelligents

Flexion-extension rehabilitation task











(c)



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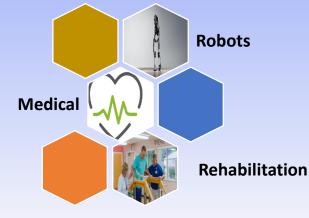
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Proposed control solutions



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Proposed control solutions

 θ_{g}

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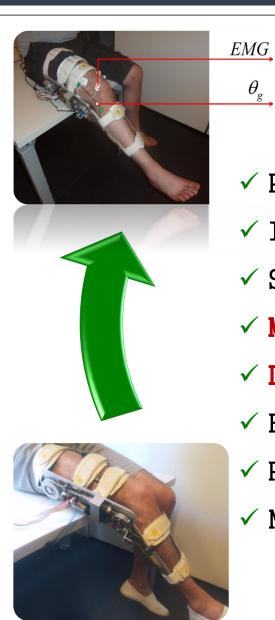
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- PID controller \checkmark
- ✓ Inverse dynamics control
- ✓ Sliding mode control
- ✓ Model Predictive Control
- ✓ Ll adaptive control
- ✓ Backstepping control
- RISE control \checkmark
- NASF Control \checkmark

Three types of rehabilitations

- 1. Passive rehabilitation
- 2. Assistance as needed
- 3. Resistive rehabilitation



Brief history

Prototypes

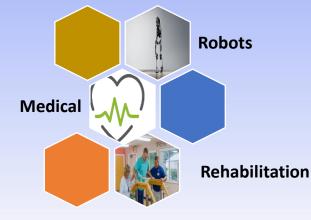
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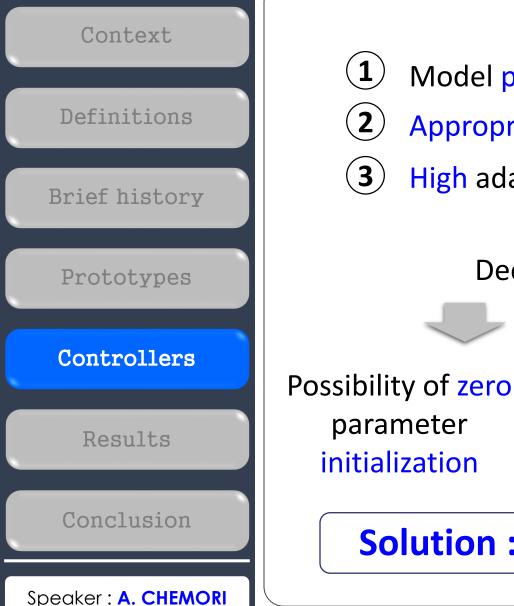
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Ll Adaptive Control



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Why L1 adaptive control ? Model parameters should be adequately initialized Appropriate excitation is needed for parameters convergence High adaptation gains can destabilize the system **Proposed Solution Decouple Robustness and Adaptation** Large gains lead to Parameter excitation fast adaptation with not needed for stability guaranteed parameter convergence

Solution : \mathcal{L}_1 Adaptive controller [Hovakimyan2010]



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Main features

- ✓ Recently developed controller [Hovakimyan 2010]
- ✓ Inspired from MRAC controller (+ low pass filter)
- ✓ Fast adaptation can be guaranteed
- ✓ Validated on various systems (mainly in aerospace)

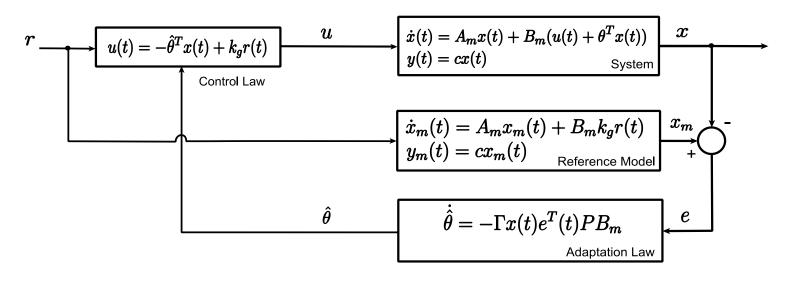


Reference Trajectory Control law with low pass filter Controlled System Controlled System State predictor Adaptation

L1 Adaptive control

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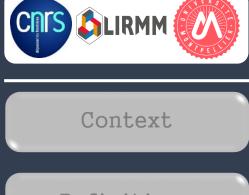
✓ Inspired by direct MRAC (Model Reference Adaptive Control)



- r : is a piecewise-continuous bounded reference signal
- θ : is a vector of unknown constant parameters
- $\hat{ heta}$: is the estimate of heta

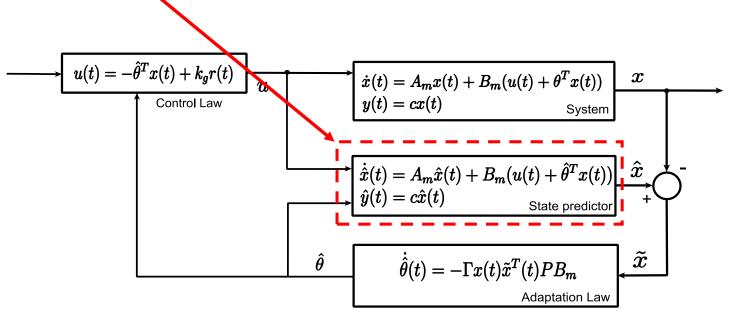
$$k_g = \frac{-1}{cA_m^{-1}B_m}$$

 $P = P^{T}$ $A_{m}^{T}P + PA_{m} = -Q$ $Q = Q^{T} > 0$

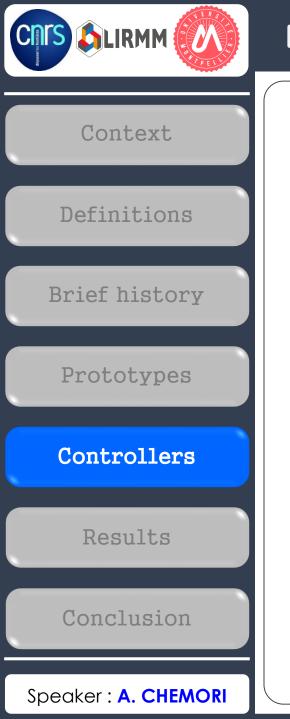


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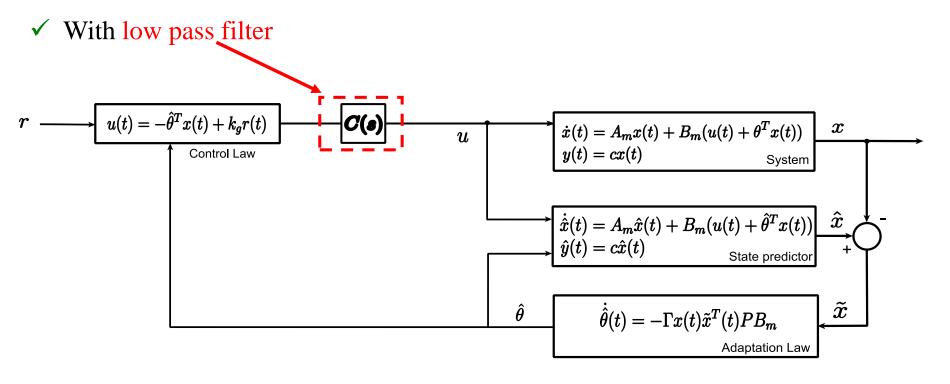
- ✓ Inspired by direct MRAC (Model Reference Adaptive Control)
- ✓ With a State predictor instead of the reference model



 \checkmark The tracking error is replaced by the prediction error



- ✓ Inspired by direct MRAC (Model Reference Adaptive Control)
- ✓ With a State predictor instead of the reference model

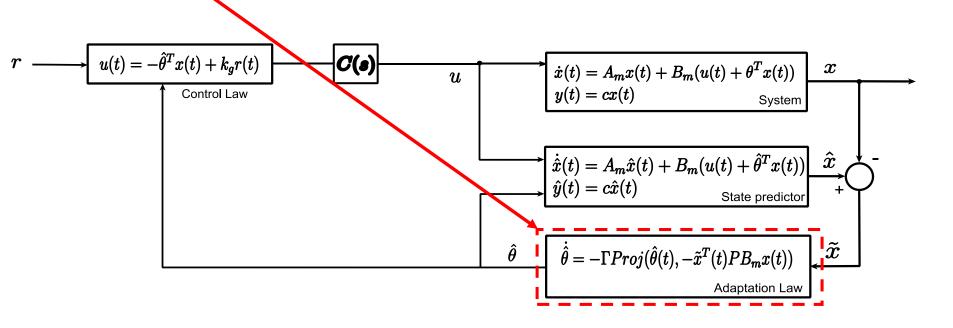


C(s) : is a stable and strictly proper transfer function

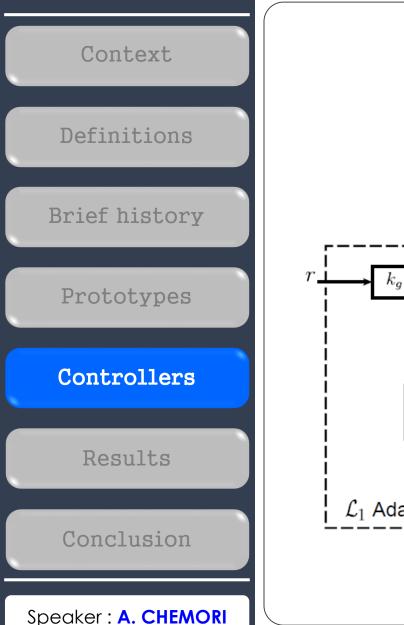


Controllers Results

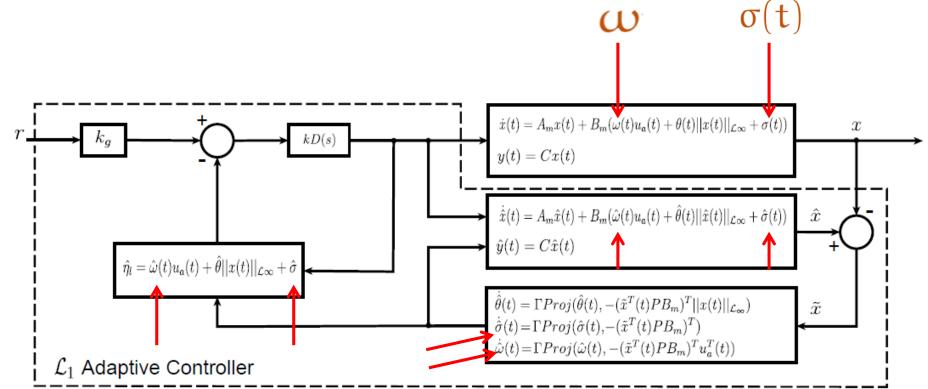
- ✓ Inspired by direct MRAC (Model Reference Adaptive Control)
- ✓ With a State predictor instead of the reference model
- \checkmark With a low pass filter
- With a projection operator to bound the estimated parameters \checkmark



Conclusion



Case of Multi-Input Multi-Output form with 2 additional parameters to estimates





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Augmented L1 Adaptive control

Motivation : Time lag limitation

Consider the following system [Hovakimyan 2010]

$$\dot{x}(t) = Ax(t) + B\left(u(t) + \theta(t)^T x(t)\right) , \quad x(0) = x_0$$

$$y(t) = Cx(t)$$

$$A = \begin{bmatrix} 0 & 1 \\ -1 & -1.4 \end{bmatrix} ; \quad B = \begin{bmatrix} 0 \\ 1 \end{bmatrix} ; \quad C = \begin{bmatrix} 1 & 0 \end{bmatrix} ; \quad \theta = \begin{bmatrix} 4 \\ -4.5 \end{bmatrix}$$

150

100

50

0

-50

-100

-150

0

Output y(t)

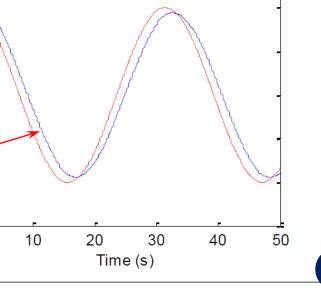
The proposed design parameters are the following:

$$C(s) = \frac{\omega k D(s)}{1 + \omega k D(s)} = \frac{160}{s + 160}$$
, $\Gamma = 10000$, $k_m = 0$

For a bounded reference trajectory to be tracked :

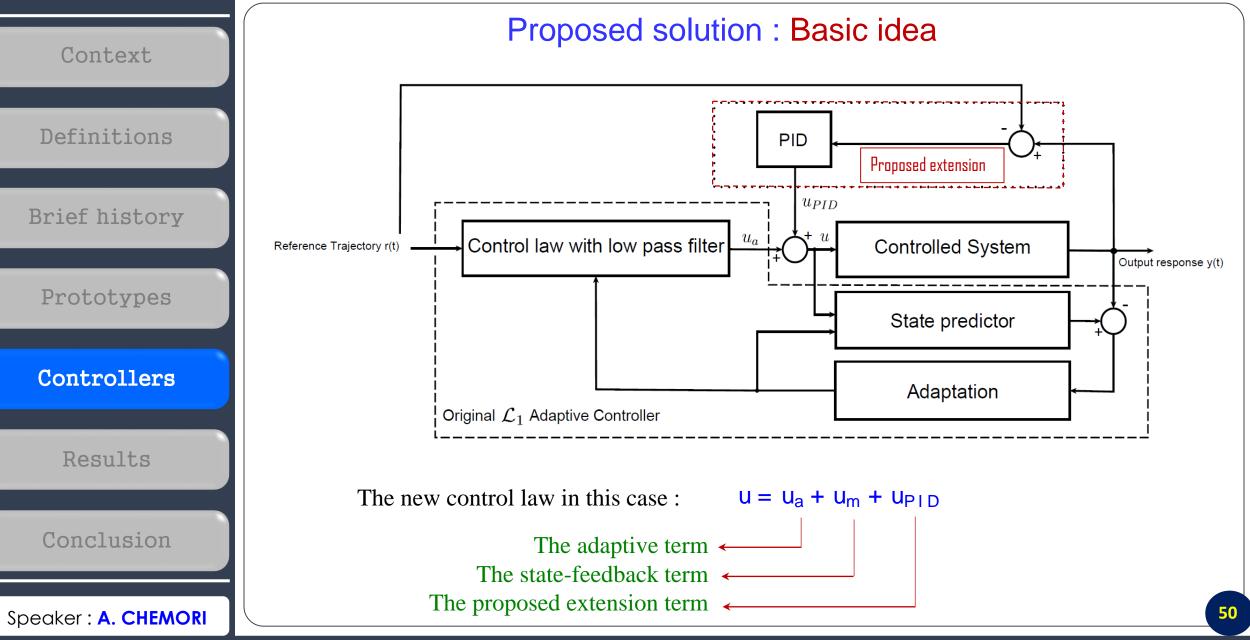
$$r(t) = 100\cos(0.2t)$$

A time lag in the tracking is noticed Due to the presence of the filter in the control loop



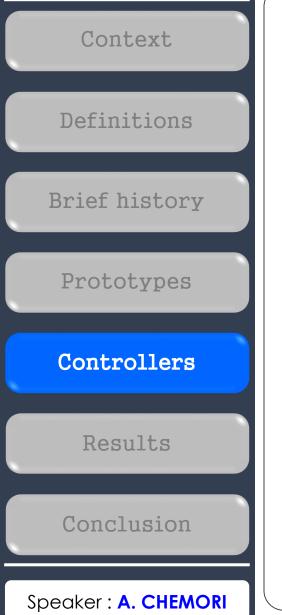


Augmented L1 Adaptive control





Augmented L1 Adaptive control



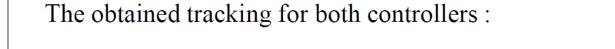
First validation : Back to the example

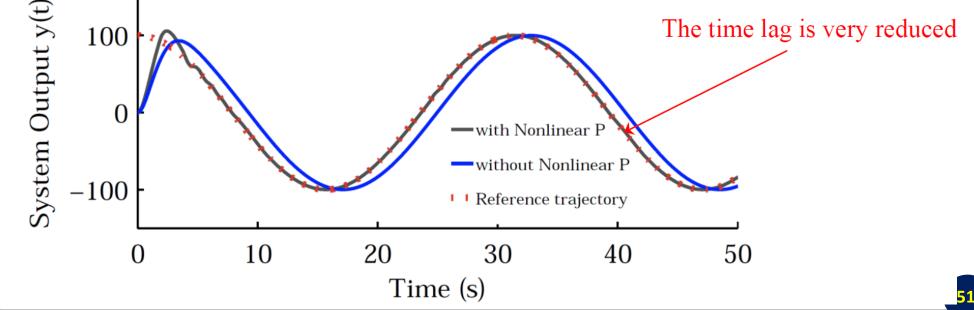
The proposed design parameters are the same:

 $C(s) = \frac{160}{s+160}$, $\Gamma = 10000$, $k_m = 0$

The same reference trajectory to be tracked :

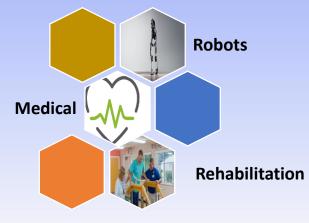
 $r = 100\cos(0.2t)$



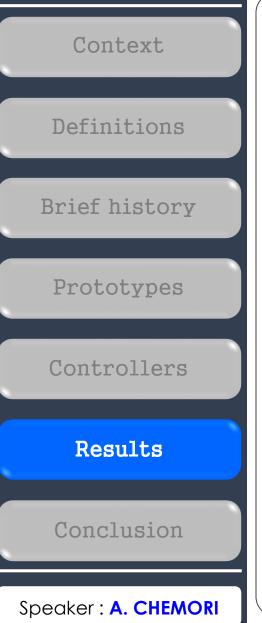


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Experimental results Ll Adaptive

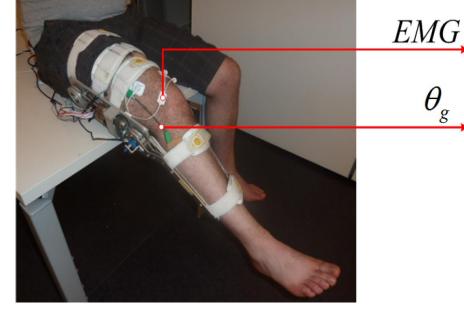






Some experimental issues

- \checkmark Performed on a healthy male subject,
- ✓ 23 years old,
- ✓ Weighing 65 Kg, and
- ✓ Measuring 178 cm



EMG electrodes are used :

- At the rectus femoris (RF) acting as a quandriceps muscle and the biceps femoris long head (BF) acting as hamstring muscle
- The EMG measurements are presented only to show the muscles activity and are not used in the control law



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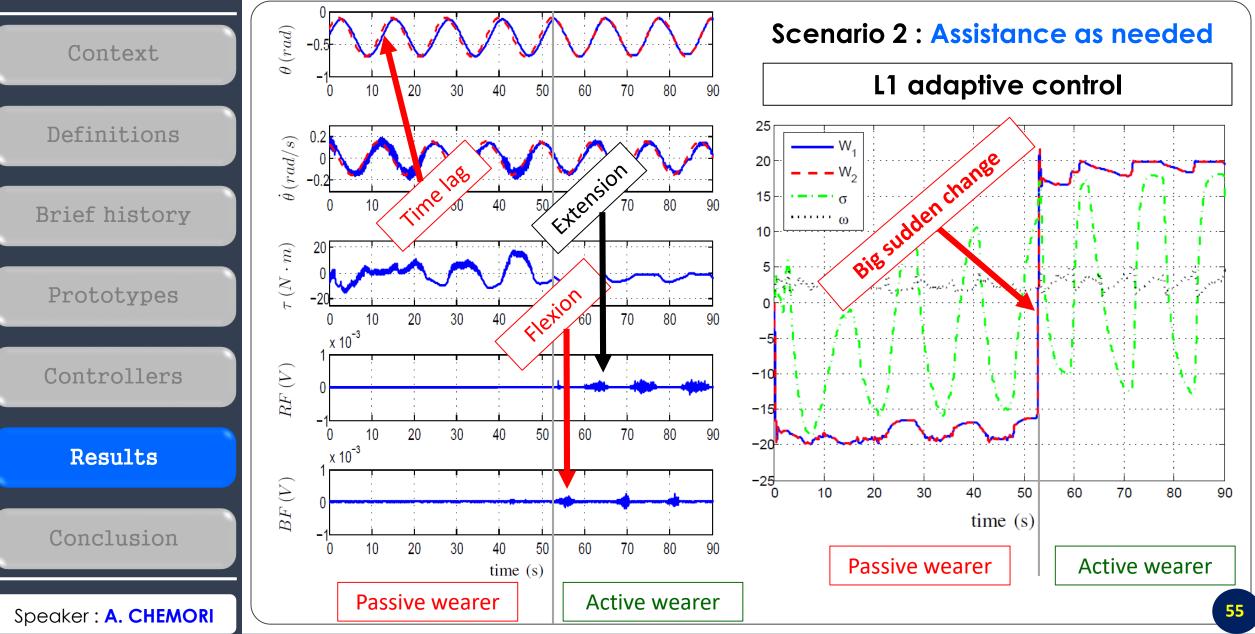


- Definitions Brief history Prototypes Controllers Results Conclusion
- All the estimated parameters have been initialized to zero
 The parameters of the state feedback are taken as: km1 = 1 and km2 = 1,4
 - Classical and augmented L1 adaptive control laws are compared

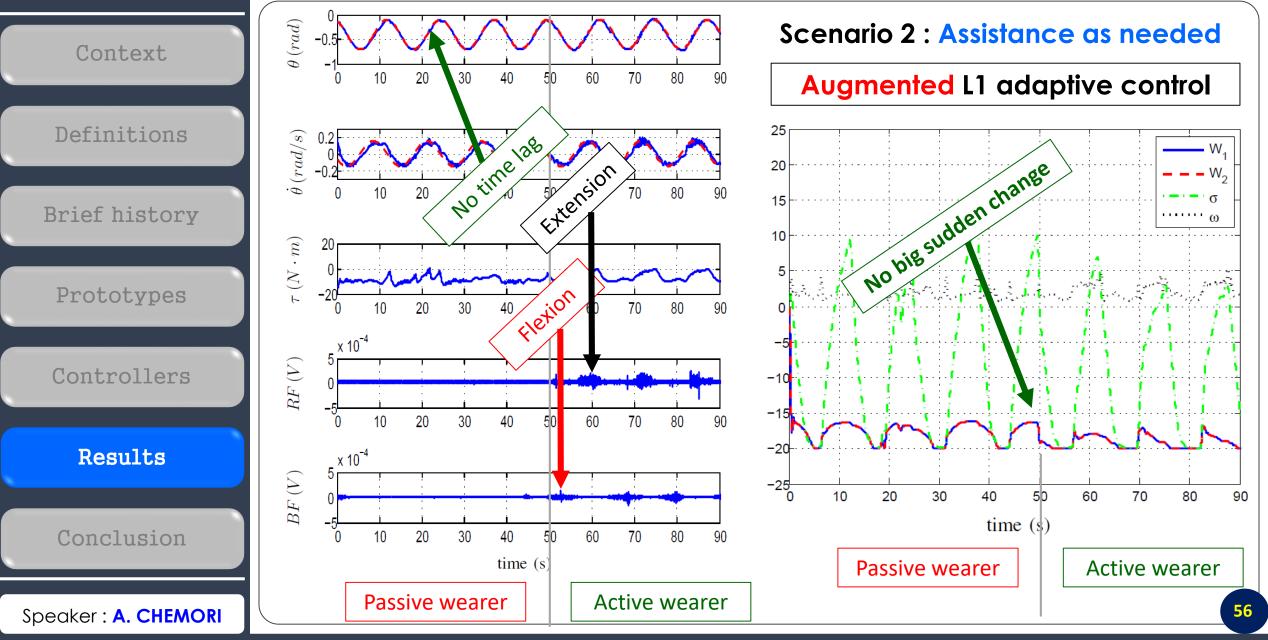
Three case studies have been performed :

- Scenario 1 : Passive rehabilitation
- Scenario 2 : Assistance as needed
- **Scenario 3 :** Resistive rehabilitation

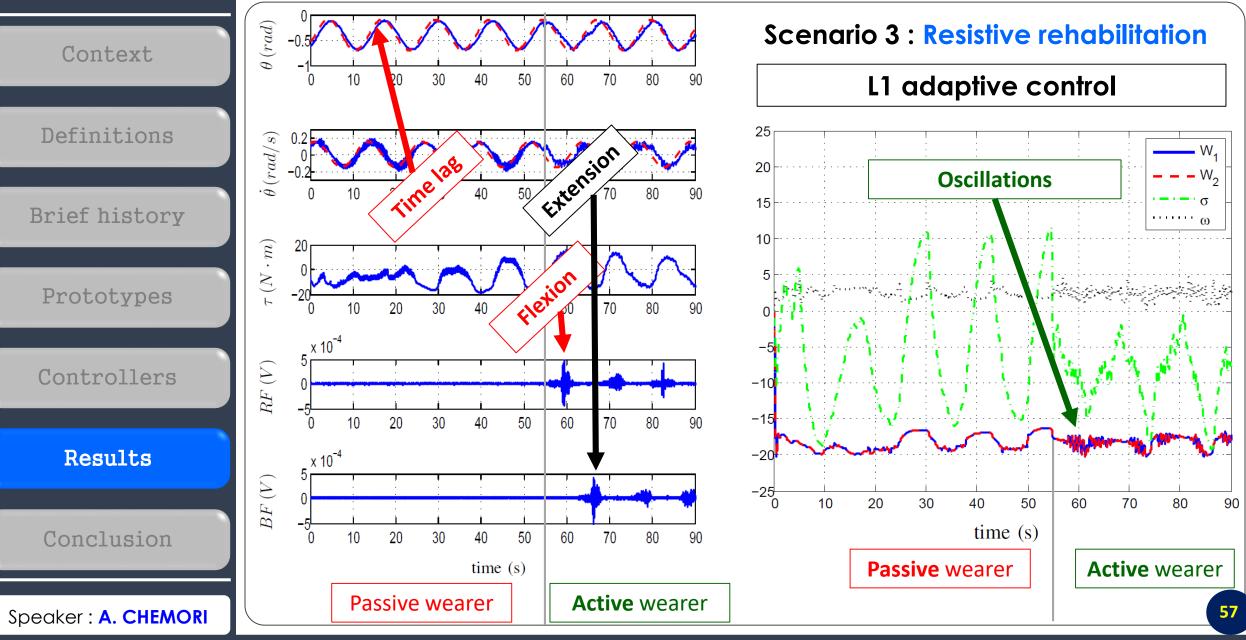




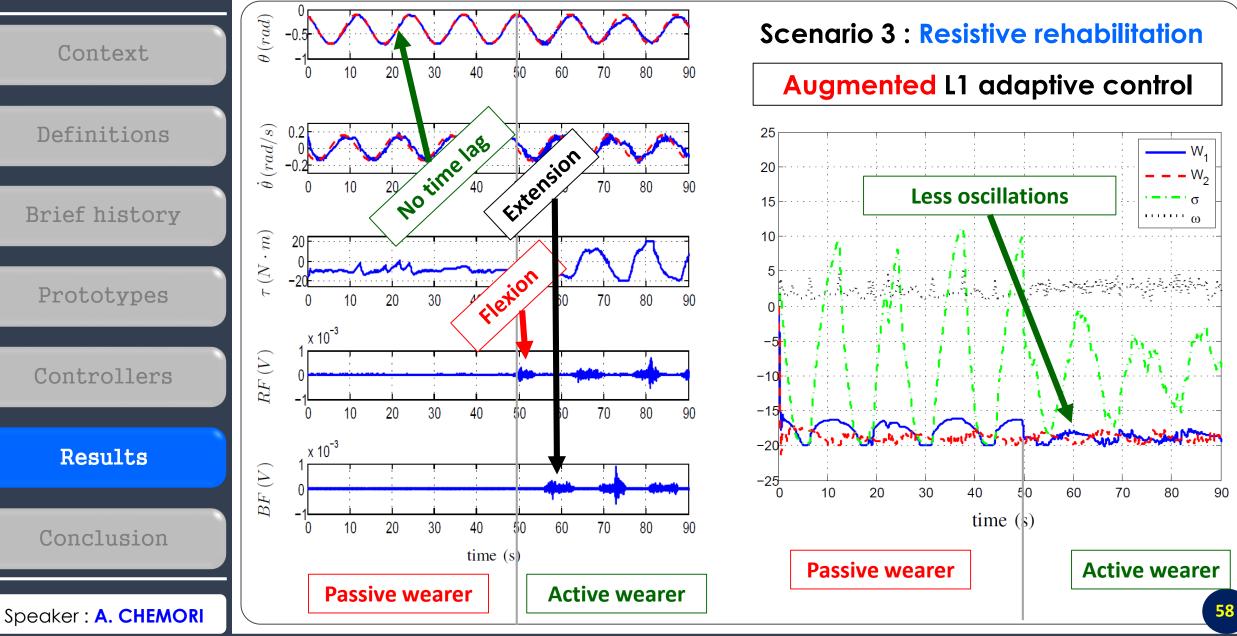














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Real-time experimental results

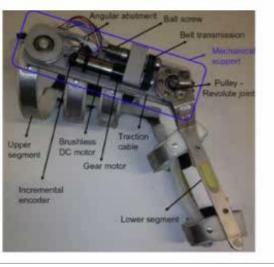




Augmented L1 Adaptive Control of an Actuated Knee Joint Exoskeleton

- Real-Time Experimental results -

H. Rifai¹, M.S. Ben Abdessalem¹, A. Chemori², S. Mohammed¹ and Y. Amirat¹



¹LISSI-lab

Université de Paris-Est Créteil (UPEC) 122 rue Paul Armangot 94400 Vitry-Sur-Seine, France,

² LIRMM - UMR CNRS 5506 Université de Montpellier 161 rue Ada, 34095 Montpellier, France



Conclusion

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[Rifai et al 2016] H. Rifai, M-S. Ben Abdessalem, A. Chemori, S. Mohammed and Y. Amirat, "Augmented L1 Adaptive Control of an Actuated Knee Joint Exoskeleton: From Design to Real-Time Experiments", IEEE ICRA'16, Stockholm, Sweden, 2016.



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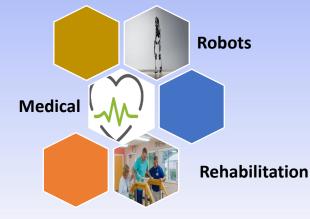
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MPC - Based Control





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MPC based control

This article has been accepted for inclusion in a future issue of this journal. Content is final as presented, with the exception of pagination

IEEE/ASME TRANSACTIONS ON MECHATRONICS

An Assistive Explicit Model Predictive Control Framework for a Knee Rehabilitation Exoskeleton

Ines Jammeli, Ahmed Chemori[®], *Senior Member, IEEE*, Huiseok Moon, Salwa Elloumi, and Samer Mohammed[®], *Senior Member, IEEE*

caused by weakened muscle strength, which hinders their ability

walking stability, thereby making them dependent on others.

Consequently, the aging of the population and the physical

deterioration of the elderly have become a global socioeconomic

problem [1]. This issue calls for considerable attention on how

to assist this population, as well as people with lower and/or

upper-limb pathologies in their daily life, especially regarding

One of the best remedies for reduced mobility is rehabilitation.

Conventional intensive therapies are usually adopted in clini-

cal centers to help people recover their voluntary movements.

However, the problem with these therapies is that they are only

effective when they are intensive [3]. Furthermore, repetition is

a key element in this case, which allows the brain to reprogram

the motion sequence. Therefore, this process is time and capital

intensive, and requires the strength of both the patient and

therapist. However, intensive long-term rehabilitation therapy

is not always an option owing to its expensive cost, and the

To reduce the burden on care services, several initiatives

have been set up to promote assistive technologies, such as

the promising technologies based on wearable robots. These

devices are mechatronic systems, equipped with sensors and actuators, and embodied by the human upper and/or lower-limbs,

which provide the following functions: 1) augmenting physical

human capabilities at upper/lower-limbs, 2) assisting people

with reduced mobility for achieving daily living activities, and 3) automating the rehabilitation of human joints and muscles to

recover and improve the control of the wearer's limbs [4]. This

considerable focus on wearable robots can be explained by their

ability to reproduce repetitive tasks that require strength and

robustness. They can autonomously perform these tasks faster

than therapists, with a better level of accuracy, without getting

tired, and without requiring a third party. Hence, they may

promote a reduction in patient fatigue. They enable long training

sessions with optimal consistency, as well as measurements for

the user to track the desired gait patterns, which may help to

man activities. Given their importance, several wearable robots

have been developed to help weakened people perform these

movements. Shepherd et al. [6] designed a knee exoskeleton

Sitting and standing up movements are essential for most hu-

accelerate the rehabilitation process [5].

mobility and autonomy [2].

insufficiency of qualified staff.

walk as frequently as normal and adversely affects their

Abstract-This article focuses on the control of an actuated knee joint orthosis. The proposed solution is a novel model predictive control framework dedicated to assistive and rehabilitation purposes. This framework includes 1) an exact input-to-state feedback linearization, 2) a model predictive controller (MPC or EMPC), considering input/output constraints, 3) a least-squares dynamic parameters identification, 4) a nonlinear disturbance observer for the estimation of the wearer's torque, 5) a Lyapunov-based stability analysis of the resulting closed-loop system, and 6) a reference trajectory generator. The proposed framework has been validated via real-time experiments performed on three healthy subjects wearing the knee joint orthosis. Various experimental scenarios have been considered, including assistive and resistive rehabilitation tasks in a sitting position and walking with normal/abnormal gait patterns. The obtained results indicate the efficiency of the proposed predictive controllers with respect to a conventional proportional-integral-derivative (PID) controller in terms of tracking performance, required torque, and wearer comfort.

Index Terms—Assistive robotics, knee joint powered orthosis, model predictive control (MPC), rehabilitation.

I. INTRODUCTION

W ITH recent medical advances, life expectancy increases steadily. According to the World Health Organization, the world population aged 60 years and older is expected to reach a total of 2 billion by 2050; however, it was approximately 900 million in 2015. This population is exposed to health risks

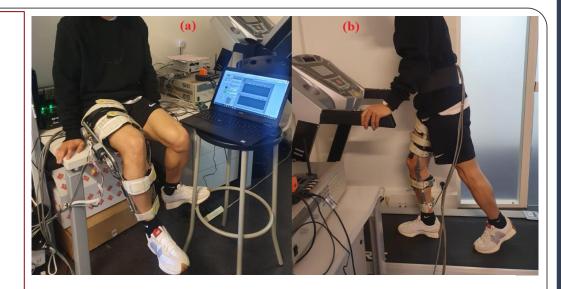
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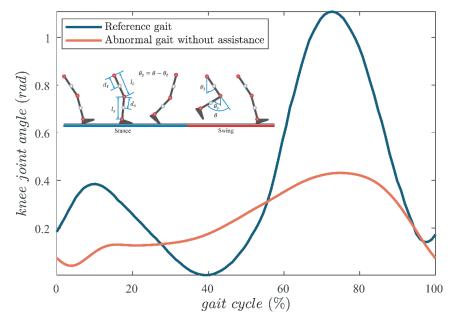
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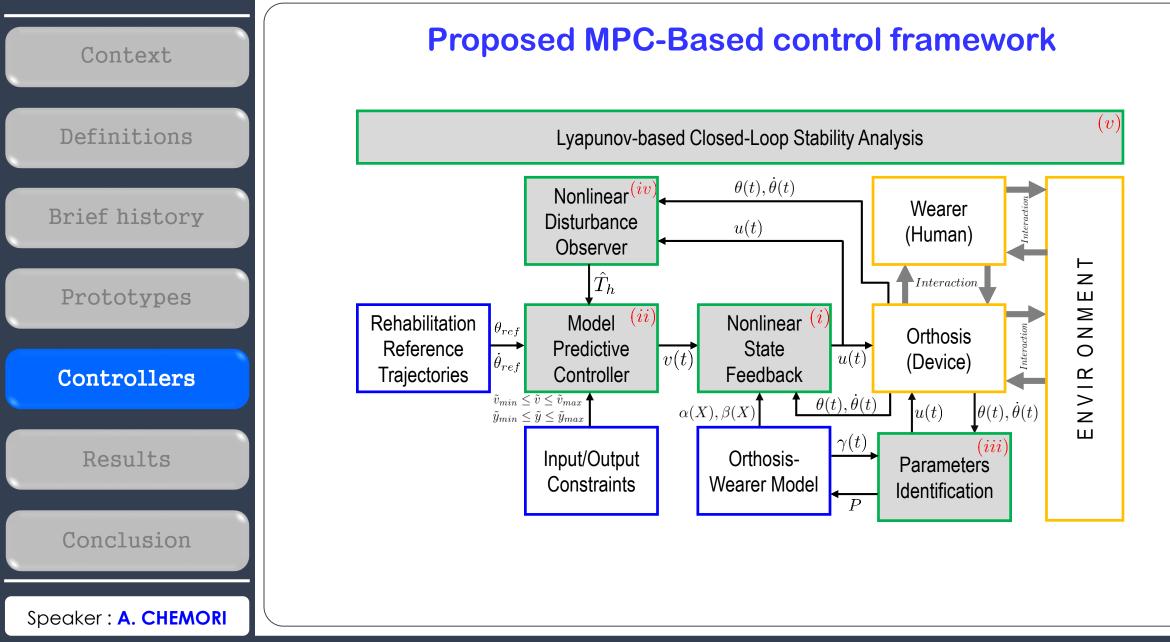


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Identification of dynamic parameters

- \checkmark The subject wear the exoskeleton, stay passive in a sitting position
- \checkmark The human-orthosis is considered to be a single system
- ✓ Its inverse dynamic model can be represented as:

$$\tau_e = J\ddot{\theta} - T_g\cos(\theta) + ASign(\dot{\theta}) + B\dot{\theta}$$

✓ Which can be rewritten in an affine in the parameters as follows: $\tau_e(t) = \begin{bmatrix} -\cos(\theta(t)) & Sign(\dot{\theta}(t)) & \dot{\theta}(t) & \ddot{\theta}(t) \end{bmatrix} \begin{pmatrix} T_g \\ A \\ B \end{pmatrix}$

 $=\gamma^T(t)P$

A least square method is used

Parameter	Symbol	$\mathbf{S1}$	$\mathbf{S2}$	$\mathbf{S3}$
Static friction coefficient $(N.m)$	A	2.0082	1.2067	0.7613
Viscous friction coefficient $N.m.s.rad^{-1}$	B	1.713	3.238	2.4539
Inertia $Kg.m^2$	J	0.4325	0.2594	0.2525
Gravity torque $(N.m)$	T_{g}	9.4199	10.4741	3.4379





 \checkmark

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Input-to-state feedback linearization

 \checkmark Let us consider the nonlinear state feedback:

 $\tau_e = \alpha(X) + \beta(X)v$

 \checkmark For the sitting position, we set:

$$\begin{cases} \alpha(X) = -T_g \cos(\theta) + ASign(\dot{\theta}) + B(\dot{\theta}) - \tau_h \\ \beta(X) = J \\ X = [x_1 \ x_2]^T = [\theta \ \dot{\theta}]^T \end{cases}$$

- Then the resulting nonlinear state feedback writes: $\tau_e(t) = -T_a \cos(\theta) + ASign(\dot{\theta}) + B(\dot{\theta}) - \tau_h + Jv.$
- ✓ For the standing position, we set: $\begin{cases} \alpha(X) = T_g \sin(\theta - \theta_t) + ASign(\dot{\theta}) + B(\dot{\theta}) - \tau_h + \tau_l \\ \beta(X) = J \\ X = [x_1 \ x_2]^T = [\theta \ \dot{\theta}]^T \end{cases}$
- \checkmark Then the resulting nonlinear state feedback writes:

$$\tau_e(t) = T_g \sin(\theta - \theta_t) + ASign(\dot{\theta}) + B(\dot{\theta}) - \tau_h + \tau_l + Jv$$

Nonlinear ⁽ⁱ⁾ State Feedback

(1)



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Input-to-state feedback linearization



 \checkmark The nonlinear state feedback, replaced in the orthosis dynamics leads to:

$$\begin{aligned} \dot{x}_1 &= x_2 \\ \dot{x}_2 &= v \\ y &= x_1 \end{aligned}$$

 \checkmark The discretization of the resulting linear dynamics using Euler's method leads to :

$$\begin{cases} \tilde{X}(k+1) = A\tilde{X}(k) + B\tilde{v}(k) \\ \tilde{y}(k) = C\tilde{x}(k) \end{cases}$$

✓ With:

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$$A = \begin{pmatrix} 1 & T_s \\ 0 & 1 \end{pmatrix}$$
, $B = \begin{pmatrix} 0 \\ T_s \end{pmatrix}$, and $C = \begin{pmatrix} 1 & 0 \end{pmatrix}$

 \checkmark The proposed MPC controller is designed based on this dynamics.



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MPC based control

Proposed MPC controller

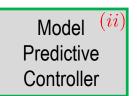
✓ The associated optimization problem can be expressed as:

$$V(k) = \min(\frac{1}{2}\tilde{v}_{\rightarrow k}^{T}H\tilde{v}_{\rightarrow k} + \tilde{X}(k)^{T}F\tilde{v}_{\rightarrow k}) + \frac{1}{2}\tilde{X}(k)^{T}Y\tilde{X}(k)$$

$$\begin{cases} \text{s.t } \theta_{\min} \leq \theta(k+i) \leq \theta_{\max} \quad \text{for} \quad i = 1..N_{c} \\ \dot{\theta}_{\min} \leq \dot{\theta}(k+i) \leq \dot{\theta}_{\max} \quad \text{for} \quad i = 1..N_{c} \\ \tilde{v}_{\min} \leq \tilde{v}(k+i) \leq \tilde{v}_{\max} \quad \text{for} \quad i = 1..N_{c} \\ \tilde{X}(0) = \tilde{X}(k) \\ \tilde{X}(k+i+1) = A\tilde{X}(k+i) + B\tilde{v}(k+i) \quad \text{for} \quad k \geq \\ \tilde{y}(k+i) = C\tilde{X}(k+i) \quad \text{for} \quad k \geq 0 \end{cases}$$

✓ Iterating the discrete dynamics over the prediction horizon gives:

$$\begin{pmatrix} \tilde{X}(k+1) \\ \tilde{X}(k+2) \\ \vdots \\ \tilde{X}(k+N) \end{pmatrix} = \begin{pmatrix} A \\ A^2 \\ \vdots \\ A^N \end{pmatrix} \tilde{X}(k) + \begin{pmatrix} B & 0 & \cdots & 0 \\ AB & B & \ddots & \vdots \\ \vdots & \ddots & \ddots & 0 \\ A^{N-1}B & \cdots & AB & B \end{pmatrix} \begin{pmatrix} \tilde{v}(k) \\ \tilde{v}(k+1) \\ \vdots \\ \tilde{v}(k+N-1) \end{pmatrix}$$



0

66

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Proposed MPC controller

 $V(k) = \sum (\|\tilde{X}(k+i)\|_Q^2 + \|\tilde{v}(k+i)\|_R^2) + \tilde{X}(k+N)^T Q_f(N)\tilde{X}(k+N)$

✓ Let us now consider the following cost function:

Which can be rewritten in the following compact form:

N-1

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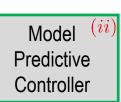
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 $V(k) = \sum_{i=0} l(\tilde{X}(k+i), \tilde{v}(k+i)) + F(\tilde{X}(k+N))$ $\checkmark \text{ By substituting } \tilde{X}(k+i) = A^i \tilde{X}(k) + \sum_{j=0}^{i-1} A^j B \tilde{v}_{k+i-1-j} \text{ in the previous costs yields:}$

$$\begin{split} V(k) = & \min(\frac{1}{2}\tilde{v}_{\rightarrow k}^{T}H\tilde{v}_{\rightarrow k} + \tilde{X}(k)^{T}F\tilde{v}_{\rightarrow k}) \\ & + \frac{1}{2}\tilde{X}(k)^{T}Y\tilde{X}(k) \\ \text{s.t} \ G\tilde{v}_{\rightarrow k} \leq W + E\tilde{X}(k) \end{split}$$

✓ The solution is obtained by zeroing $grad_{\tilde{v}_{→k}}V(k)$



 \checkmark

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Nonlinear Disturbance observer

- In typical rehabilitation scenarios, when the wearer is asked to develop a muscle activation, the human torque is considered an external disturbance
- \checkmark We propose an NDO to estimate its values
- \checkmark The dynamics of the system can be rewritten as follows:

$$\dot{X} = F_1(X) + G_1(X)\tau_e + G_2(X)d$$
 Where:
$$G_1(X) = G_2(X) = \begin{pmatrix} 0\\ \frac{1}{J} \end{pmatrix}$$

✓ The proposed nonlinear observer is designed as follows:

$$\begin{cases} \hat{d} = z + p(X) \\ \dot{z} = L(-F_1(X) - G_1(X)\tau_e - G_2(X)(z + p(X))) \end{cases}$$

✓ Where:

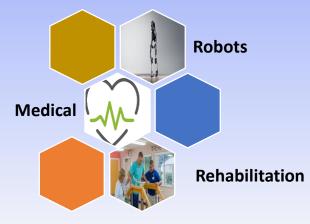
 \checkmark

$$\hat{d} = \hat{\tau}_h, p(X) = k_1 \theta + k_2 \dot{\theta}, L = \frac{\partial p(X)}{\partial X} = (k_1 \ k_2)$$



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Experimental results MPC





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Video of the real-time experiments of the paper

An Assistive Explicit Model Predictive Control Framework for a Knee Rehabilitation Exoskeleton

Submitted to : IEEE/ASME Transactions On Mechatronics

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Conclusion





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Problem

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- Control of wearable robotic devices
- Those mechanical frames designed to be worn by humans
- For : Civilian, work/industry, medical, military applications
- X Deal with complex structures
- X Uncertainties, nonlinearities, friction, ...
- Interaction with the wearer (human)
- X Safety aspects
- ✓ Different advanced control schemes (linear and nonlinear)
- ✓ L1 Adaptive, MPC-Based control schemes
- Validation in simulation (different scenarios)
- ✓ Real-time experiments → EICOSI exoskeleton
- Rehabilitation applications

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Current activity



Current activity

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Thank you for your attention ...